



Standard Guide for Selection and Use of Contact Materials for Foods to Be Irradiated¹

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INTRODUCTION

This guide provides information on the selection and use of contact materials for packaging intended to hold food during treatment with ionizing energy (gamma-rays, X-rays, accelerated electrons). In general, irradiation is used to reduce the incidence of spoilage and pathogenic microorganisms and parasites in foods, control sprouting of tubers and bulbs, and disinfect commodities (see Guides [F1355](#), [F1356](#), [F1736](#), and [F1885](#)). Food contact materials serve to protect the product from recontamination after irradiation and may be used to complement other preservation techniques to extend shelf life of the irradiated food. Molecules from food contact materials can migrate to the food when these materials are in contact with the food. Because of this, in many countries regulations are made to ensure food safety. The amended FD&C Act (United States, 1998a) defined a food contact material as “any substance intended for use as a component of materials used in manufacturing, packing, packaging, transporting, or holding food if such use is not intended to have a technical effect in such food.” Common types of food contact materials include coatings, plastics, paper, adhesives, as well as colorants, antimicrobials, and antioxidants found in packaging.

1. Scope

1.1 This guide provides a format to assist producers and users of food in selecting contact materials that have the desirable characteristics for their intended use and that comply with applicable standards or government authorizations. It outlines parameters that should be considered when selecting food contact materials intended for use during irradiation of prepackaged foods and it examines the criteria for fitness for their use.

1.2 This guide identifies known regulations and regulatory frameworks worldwide pertaining to contact materials for holding foods during irradiation, but it does not address all regulatory issues associated with the selection and use of packaging materials for foods to be irradiated. It is the responsibility of the user of this guide to determine the pertinent regulatory issues in each country where foods are to be irradiated and where irradiated foods are distributed.

1.3 This guide does not address all of the food safety issues associated with the synergistic effects of irradiation and pack-

aging as food preservation techniques on the extension of shelf life or food quality. It is the responsibility of the user of this guide to determine the critical food safety issues and to conduct appropriate product assessment tests to determine the compatibility between the packaging application and irradiation relative to changes in sensory attributes and shelf life.

1.4 This guide does not address the use of irradiation as a processing aid for the production or sterilization of food packaging materials.

1.5 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.6 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:²

¹ This guide is under the jurisdiction of ASTM Committee [E61](#) on Radiation Processing and is the direct responsibility of Subcommittee [E61.05](#) on Food Irradiation.

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² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard’s Document Summary page on the ASTM website.

- E460** Practice for Determining Effect of Packaging on Food and Beverage Products During Storage
- E462** Test Method for Odor and Taste Transfer From Packaging Film (Withdrawn 1998)³
- F1355** Guide for Irradiation of Fresh Agricultural Produce as a Phytosanitary Treatment
- F1356** Guide for Irradiation of Fresh, Frozen or Processed Meat and Poultry to Control Pathogens and Other Microorganisms
- F1736** Guide for Irradiation of Finfish and Aquatic Invertebrates Used as Food to Control Pathogens and Spoilage Microorganisms
- F1885** Guide for Irradiation of Dried Spices, Herbs, and Vegetable Seasonings to Control Pathogens and Other Microorganisms

include (from the inside to the outside): plastic layer, aluminum, paper, printing and top coating.

3.1.5 *good manufacturing practice (GMP)*—procedures established and exercised throughout the production, manufacturing, processing, packing, and distribution of foods, encompassing maintenance of sanitation systems, quality control and assurance, qualification of personnel and other relevant activities, to ensure the delivery of a commercially acceptable and safe product.

3.1.5.1 *Discussion*—In the United States, the GMP regulations, which deal primarily with sanitation, are CFR, Title 21, Part 110. (1)⁴

3.1.6 *modified-atmosphere packaging (MAP)*—packaging system for maintaining an environment around the product that is different from the gaseous composition of air.

3.1.6.1 *Discussion*—The modified atmosphere can be obtained by application of a vacuum or by gas flushing, and may be maintained by use of gas scavengers.

4. Significance and Use

4.1 The judicious selection of a contact material is part of Good Manufacturing Practices (GMPs) for the irradiation of prepackaged foods. This guide recognizes the need to evaluate the impact of packaging materials on the safety and quality of foods irradiated to control the proliferation of food-borne pathogens, as well as their impact on foods irradiated for other purposes, such as prevention of re-infestation, delay of ripening, or shelf-life extension.

4.2 As part of the evaluation, the selection process should consider the effects of irradiation on the chemical and physical properties of the contact material.

4.3 Packaging is not considered to be a food preservation technique for overcoming any deficiencies attributable to inadequate GMPs during preparation, storage, or treatment of foods to be irradiated. The quality of the irradiated food will depend heavily on its initial quality, control of the irradiation process, storage temperature and handling of the food after irradiation.

5. Regulatory Considerations

5.1 Compliance with regulatory requirements within each country where an irradiated food is to be sold should be considered when selecting an appropriate contact material to hold food during its irradiation. Typically, the requirements for contact materials for holding foods during irradiation would be that they: (1) are approved for contact with the food to be irradiated, (2) are resistant to ionizing radiation with respect to their physical properties, and (3) are not sources of substances that have toxicological significance as a result of their migration into the food (2-4).

5.2 Canada and the United States have specific regulatory requirements for contact materials that are permitted to hold food during irradiation. Other countries, in general, do not provide a specific list of contact materials that are permitted to

3. Terminology

3.1 Definitions:

3.1.1 *absorbed dose (D)*—[ICRU-85a, 5.2.5] — quotient of $d\bar{\epsilon}$ by dm , where $d\bar{\epsilon}$ is the mean incremental energy imparted by ionizing radiation to matter of mass dm , thus

$$D = d\bar{\epsilon}/dm$$

3.1.1.1 *Discussion*—The SI unit of absorbed dose is the gray (Gy), where 1 gray is equivalent to the absorption of 1 joule per kilogram of the specified material (1 Gy=1 J/kg).

3.1.2 *absorbed dose rate (\dot{D})*—[ICRU-85a, 5.2.6]—quotient of dD by dt where dD is the increment of absorbed dose in the time interval dt , thus

$$\dot{D} = dD/dt$$

3.1.2.1 Discussion—

(1) The SI unit is $\text{Gy}\cdot\text{s}^{-1}$. However, the absorbed-dose rate is often specified in terms of its average value over longer time intervals, for example, in units of $\text{Gy}\cdot\text{min}^{-1}$ or $\text{Gy}\cdot\text{h}^{-1}$.

(2) In gamma industrial irradiators, dose rate may be significantly different at different locations.

(3) In electron-beam irradiators with pulsed or scanned beam, there are two types of dose rate: average value over several pulses (scans) and instantaneous value within a pulse (scan). These two values can be significantly different.

3.1.3 *anaerobic environment*—an environment having a level of oxygen that will not support the growth of oxygen-requiring microorganisms.

3.1.4 *food contact material (also referred to as ‘contact material’)*—any material (not only packaging) that is expected to come into contact with food.

3.1.4.1 *Discussion*—Food contact materials are either intended to be brought into contact with food, are already in contact with food, or can reasonably be brought into contact with food which could lead to the transfer of their constituents to the food under normal or foreseeable use. Food contact materials can be constructed from a variety of materials like plastics, rubber, paper, coatings, metal, etc. In many cases a combination is used; for example, a carton box for juices can

³ The last approved version of this historical standard is referenced on www.astm.org.

⁴ The boldface numbers in parenthesis refer to the list of references at the end of this standard.